

Organised by



under the Patronage of

HRH Sultan Muhammad V The Sultan of Kelantan Malaysia

In association with



# 3<sup>rd</sup> World Congress on Anti-Aging, Aesthetic, Regenerative, Nutritional and Exercise Medicine (WAAARNEM)

in conjunction with

## 16<sup>th</sup> Malaysian Conference and Exhibition & 9<sup>th</sup> International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

**“TOMORROW’S KNOWLEDGE TODAY”**



SCAN HERE

26<sup>th</sup> - 28<sup>th</sup> April 2019

Sheraton Imperial Kuala Lumpur  
Malaysia

**FINAL ANNOUNCEMENT**

Event ID: CPDE6307  
20 CPD points  
Awarded

In collaboration with



# Track 1: Aesthetic Medicine

## Theme: Face Aesthetic - the Asian Dominance

### Ballroom 1

| Day 1 - 26 <sup>th</sup> April 2019 Friday            |   | Day 2 - 27 <sup>th</sup> April 2019 Saturday                        |  | Day 3 - 28 <sup>th</sup> April 2019 Sunday   |  |
|---|---|---|--|--|--|
| Chairpersons:<br>Dr Tan Hiang Liang<br>& Dr Jeff Khoo |   | Chairpersons:<br>Dr Nazlin Nadzri<br>& Prof Dr Andrew Charles Gomez |  | Chairpersons:<br>Dr Tan Hiang Liang<br>& Dr Nazlin Nadzri                            |  |
| 08.45am - 09.00am                                     | Welcome Address<br>by President of SAAARMM<br>Prof Dato' Dr Selvaraj Y Subramaniam  | 08.45am - 09.00am   | Welcome Address<br>by Chairman, Organising<br>Committee of WAAARNEM<br>Dr Kamalakaran Karanakaran                    | 08.45am - 09.00am  | Welcome Address<br>by Secretary of SAAARMM<br>Datin Dr Kamaria Idris   |
| 09.00am - 09.30am                                     | PLENARY 1<br>Can we Prevent<br>Alzheimer's Disease?<br>Prof Dr Karl J Neeser  | 09.00am - 09.30am   | PLENARY 2<br>Vitamin B for Energy<br>Prof Dr Claus Muss  | PLENARY 3<br>Medical Indemnity Insurance<br>is a Must<br>Ms Ratnawati Osman          |  |
| 09.30am - 10.00am                                     |   |   |  | PLENARY 4<br>How Far has the Law of Medical<br>Negligence Developed<br>Mr GK Ganesan |  |
| 10.00am - 10.15am TEA BREAK                           |   |   |  |  |  |
| SKIN AESTHETICS                                       |   |   |  |  |  |
| Hard on Pigmentations & Melasma                       |   | Managing Scars  |  | Skin Rejuvenation  |  |
| 10.15am - 10.45am                                     | Picosecond Laser vs Nanosecond<br>Laser for Skin Pigmentations<br>Dr Peter Chng   | 10.15am - 10.45am   | How to Treat Acne Scars precisely<br>and the potential of Picosecond<br>Laser in treating Acne Scars<br>Dr Jeff Khoo | 10.15am - 10.45am  | Combining Facial Oxygen<br>and Stem Cell Media<br>in Face Rejuvenation<br>Dr Wiwi Andralia Kartolo   |
| 10.45am - 11.15am                                     | Multimodal Approach to Melasma<br>(Lasers/Chemical Peels and More)<br>Dr Jason Yip  | 10.45am - 11.15am   | A New Approach to Treating Acne<br>Scar for Coloured Skin: Nano<br>Fractional Radiofrequency<br>Dr Lim Ing Kien      | 10.45am - 11.15am  | Application of Nanomised Organo<br>Peptides/Cell extracts of<br>Skin-Placenta-Mesenchyme<br>-Collagen-Elastic fortified with<br>Hyaluronic Acid - A New Age of<br>Aesthetic Medicine<br>Dr Vladimir Chernykh<br>Sponsored by NXG |
| 11.15am - 11.45am                                     | Approach to Melasma<br>Dr Aarthi Maria Francis  | 11.15am - 11.45am   | 755nm Alexandrite Laser and<br>Biostimulators for Acne Scars<br>Dr Christie Moey                                     | 11.15am - 11.45am  | PRP<br>Dr Aarthi Maria Francis   |
| 11.45am - 12.15pm                                     | My Melasma Approach<br>Dr Peter Chng  | 11.45am - 12.15pm   | Stitching up Wounds on the Face<br>How to Minimize Scars and<br>get Best Results<br>Prof Dr Andrew Charles Gomez     | 11.45am - 12.15pm  | PDO Threads Rejuvenation<br>Dr Lashela Dharmadas   |
| 12.15pm - 12.45pm                                     | Microneedle Pulsed RF, the<br>Perfect Adjuvant for Melasma<br>Dr Christie Moey  | 12.15pm - 12.45pm   | Scar and Keloid Management<br>Dr Somasundaram Sathappan  | 12.15pm - 12.45pm  | Biostimulators, the Next Frontier?<br>Dr Lim Ting Song   |
| 12.45pm - 02.00pm LUNCH                               |   |   |  |  |  |
| AESTHETIC FACE REJUVENATION                           |   |   |  |  |  |
| Midface   |   | Upper Face<br>Forehead + Periorbital Region                         |  | Lower Face   |  |
| 02.00pm - 02.30pm                                     | Asian Super Quick Tips for Face<br>Rejuvenation without Surgery<br>Dr Wiwi Andralia Kartolo   | 02.00pm - 02.30pm   | Forehead and Temporal<br>Filling Techniques<br>Dr Jasmine Ruth   | 02.00pm - 02.30pm  | Energy Based Devices: HIFU<br>Dr Kee Yong Seng   |
| 02.30pm - 03.00pm                                     | The Naked Truth: What could<br>have gone Wrong with our<br>Current Fillers Injection?<br>Dr Lim Ting Song                                   | 02.30pm - 03.00pm   | Double Eyelids: Minimally<br>Invasive Techniques<br>Dr Alice Goh Siew Ching  | 02.30pm - 03.00pm  | How to get those Juicy Lips<br>Dr Jasmine Ruth   |
| 03.00pm - 03.30pm                                     | Tear Throughs and<br>Cheek Augmentation<br>Dr Yap Hong Keong  | 03.00pm - 03.30pm   | The Latest Korean Trend<br>in Absorbable Thread Lift<br>Dr Kwon Han Jin<br>Sponsored by Ultra V Co Ltd               | The Perfect Jawline<br>A Multimodal Approach<br>Dr Bob Klajo Anak Edmund John        |  |
| 03.30pm - 04.00pm                                     | Approach for Nasolabial Fold<br>Dr Jeff Khoo  |   |  | Fillers: Getting the Chin Right<br>Dr Lashela Dharmadas                              |  |
| 04.00pm - 04.30pm                                     | Threadlift Updates<br>Silhouette Soft Lift<br>Dr Yap Hong Keong   | 04.00pm - 04.30pm   | Brow Lift, are BTA and<br>Fillers good enough?<br>Dr Kuladeva Ratnam   | 04.00pm - 04.30pm  | Submental Fat<br>Dr Nigel Ong  |
| 04.30pm - 05.00pm TEA BREAK                           |   |   |  |  |  |
| 05.00pm   | 16 <sup>th</sup> Annual General Meeting<br>of Society for Anti-Aging,<br>Aesthetic and Regenerative<br>Medicine Malaysia (SAAARMM)<br>& TEA | 05.00pm   | Graduation Ceremony<br>SAAARMM/St Elizabeth University<br>& SAAARMM Annual Dinner<br>(07.30pm - 10.30pm)             |  |  |

# SCIENTIFIC PROGRAMME

## Track 2: Nutrition and Exercise Medicine

Theme: Optimising Energy Levels

Ballroom 2

| Day 1 - 26 <sup>th</sup> April 2019 Friday                                   |  | Day 2 - 27 <sup>th</sup> April 2019 Saturday   |  | Day 3 - 28 <sup>th</sup> April 2019 Sunday  |  |
|--|--|--|--|---|--|
| Chairpersons:<br><i>Dr Sivaroshan Puvaneshwaran &amp; Prof Dr Claus Muss</i> |  | Chairpersons:<br><i>Dr Sharmila Ramasamy &amp; Dr Tanjung Subrata</i>                                    |  | Chairpersons:<br><i>Dr Sharan Kaur &amp; Dr Sunita Banerji</i>  |  |
| 08.45am - 09.00am  | Welcome Address<br>by President of SAAARMM<br><i>Prof Dato' Dr Selvaraj Y Subramaniam</i>  | Welcome Address<br>by Chairman, Organising<br>Committee of WAAARNEM<br><i>Dr Kamalakaran Karanakaran</i> |  | Welcome Address<br>by Secretary of SAAARMM<br><i>Datin Dr Kamaria Idris</i>                                 |  |
| 09.00am - 09.30am  | PLENARY 1<br>Can we Prevent<br>Alzheimer's Disease?<br><i>Prof Dr Karl J Neeser</i>  | PLENARY 2<br>Vitamin B for Energy<br><i>Prof Dr Claus Muss</i>   |  | PLENARY 3<br>Medical Indemnity Insurance<br>is a Must<br><i>Ms Ratnawati Osman</i>                          |  |
| 09.30am - 10.00am  |  |  |  | PLENARY 4<br>How Far has the Law of Medical<br>Negligence Developed<br><i>Mr GK Ganesan</i>                 |  |
| 10.00am - 10.30am  | TEA BREAK  |  |  |   |  |
| 10.30am - 11.00am  | INTRODUCTION TO<br>NUTRITIONAL MEDICINE<br>Proper Nutrition and Vitamin<br>Supplementation reduces the<br>incidence of Infections in AIDS<br><i>Prof Dr Vladimir Krcmery<br/>(10.30am - 10.45am)</i><br><br>Expanding Old Diets<br>(Mediterranean, Okinawan)<br>prolonging Life Expectancy<br>with New Elements<br><i>Prof Dr Vladimir Krcmery<br/>(10.45am - 11.00am)</i> | Iodine and Selenium<br>Effects on the Cell<br><i>Dr Lenny Da Costa</i>                                   |  | 5 HTP and Improper Sleep<br><i>Dr Sunita Banerji</i>  |  |
| 11.00am - 11.30am  | Application of Placenta Origin<br>Peptides to Support<br>Cellular Energy<br><i>Dr Mikhail Teppone</i><br><br><i>Sponsored by Bionion</i>   | Magnesium and the Mitochondria<br><i>Dr Lenny Da Costa</i>   |  | Optimising Thyroid Hormone<br><i>Dr Sunita Banerji</i>  |  |
| 11.30am - 12.00noon  | Biochemistry of Cellular Energy<br>and Cellular Distribution<br><i>Prof Dr Claus Muss<br/>(11.30am - 12.15pm)</i>  | Does Vitamin B12<br>increase Energy?<br><i>Prof Dr Claus Muss</i>  |  | Exercise for Optimising<br>Testosterone Hormone<br><i>Dr Tanjung Subrata</i>                                |  |
| 12.00noon - 12.30pm  | Malnutrition and Famine as<br>Medical Ethical and International<br>Health Problems<br><i>Prof Dr Vladimir Krcmery<br/>(12.15am - 12.30pm)</i>  | Fitness Medicine for<br>Anti-Aging Medicine<br><i>Dr Kanan Pugazhendi</i>                                |  | Exercise and Energy<br><i>Dr Kumaran Davindran Pillay</i>   |  |
| 12.30pm - 02.00pm  | LUNCH  |  |  |   |  |
| 02.00pm - 02.30pm  | Metabolic Energy<br><i>Dr Lenny Da Costa</i>   | How does L-Carnitine Help?<br>Secrets of Ginseng<br>Omega 3 for ATP Production<br><i>Dr A Sreekumar</i>  |  | Meditation to Power up the Cell<br>Yoga and Guided Meditation<br>Practice<br><i>Ms Shanti Murallesvaran</i> |  |
| 02.30pm - 03.00pm  | Diet for Enhancing<br>Cellular Energy<br><i>Ms Mary Easaw</i>  |  |  | Kalaripayattu Secrets<br>for Rejuvenation<br><br>Forever Young with Yoga<br><i>Dr Kanan Pugazhendi</i>      |  |
| 03.00pm - 03.30pm  | Stress Reduces Energy Levels<br><i>Prof Dr Claus Muss</i>  |  |  |   |  |
| 03.30pm - 04.00pm  | Anaerobic Exercise<br>for increased Energy   | Exercise for Obesity by<br>Optimising Metabolic and<br>Hormonal System<br><i>Dr Tanjung Subrata</i>      |  |   |  |
| 04.00pm - 04.30pm  | Optimising Nutrition and Cellular<br>Energy with Exercise<br><i>Prof Dr Rano Izhar Rahmat</i>  |  |  |   |  |
| 04.30pm - 05.00pm  | TEA BREAK  |  |  |   |  |
| 05.00pm  | 16 <sup>th</sup> Annual General Meeting<br>of Society for Anti-Aging,<br>Aesthetic and Regenerative<br>Medicine Malaysia (SAAARMM)   | Graduation Ceremony<br>SAAARMM/St Elizabeth University<br>& SAAARMM Annual Dinner<br>(07.30pm - 10.30pm) |  |   |  |

### Certificates Awarded

- Introductory Course in Nutritional Medicine
- Participants who have completed all courses in Nutritional Medicine and Aesthetic Medicine will receive:
  - Professional Certificate in Nutritional Medicine
  - Professional Certificate in Aesthetic Medical Practice
- All delegates will receive a Certificate of Participation for attendance

Look forward to your participation

Next Year

**WAAARNEM 2020**

17<sup>th</sup> - 19<sup>th</sup> April 2020

# Tack 3: Anti-Aging and Regenerative Medicine

## Theme: Non-Communicable Diseases the Anti-Aging Way

### Ballroom 3

| Day 1 - 26 <sup>th</sup> April 2019 Friday   |  | Day 2 - 27 <sup>th</sup> April 2019 Saturday  |  | Day 3 - 28 <sup>th</sup> April 2019 Sunday  |  |  |
|--|--|---|--|---|--|--|
| <b>Chairpersons:</b><br><i>Dr Kamalakaran Karanakaran &amp; Dr S Sandraprakash</i> |  | <b>Chairpersons:</b><br><i>Datin Dr Kamaria Idris &amp; Dr Sunita Kaur Ahluwalia</i>  |  | <b>Chairpersons:</b><br><i>Dato' Dr Jekinder Singh Gendeh &amp; Prof Dr Andrew Charles Gomez</i>                              |  |  |
| 08.45am - 09.00am  | <b>Welcome Address</b><br><b>by President of SAAARMM</b><br><i>Prof Dato' Dr Selvaraj Y Subramaniam</i>  | <b>Welcome Address</b><br><b>by Chairman, Organising Committee of WAAARNEM</b><br><i>Dr Kamalakaran Karanakaran</i>   |  | <b>Welcome Address</b><br><b>by Secretary of SAAARMM</b><br><i>Datin Dr Kamaria Idris</i>                                     |  |  |
| 09.00am - 10.00am  | <b>PLENARY 1</b><br><b>Can we Prevent Alzheimer's Disease?</b><br><i>Prof Dr Karl J Neeser</i>   | <b>PLENARY 2</b><br><b>Vitamin B for Energy</b><br><i>Prof Dr Claus Muss</i>  |  | <b>PLENARY 3</b><br><b>Medical Indemnity Insurance is a Must</b><br><i>Ms Ratnawati Osman (09.00am - 09.30am)</i>             |  |  |
| 10.00am - 10.30am  | TEA BREAK  |   |  |   | <b>PLENARY 4</b><br><b>How Far has the Law of Medical Negligence Developed</b><br><i>Mr GK Ganesan (09.30am - 10.00am)</i>                             |  |
| 10.30am - 11.00am  | <b>An Overview on Aging</b><br><i>Prof Dato' Dr Selvaraj Y Subramaniam (10.30am - 10.45am)</i>   | <b>What Every Physician should know on Stem Cell, Cells, Extracts, Peptides - How to tell the Differences, the Over Claims and their Potencies which Work Better, which Don't and Why?</b><br><i>Prof Dato' Sri Dr Michael KS Chan</i><br><i>Sponsored by NXG</i> |  | <b>TEA BREAK</b><br><b>(10.00am - 10.30am)</b>  |  |  |
| 11.00am - 11.30am  | <b>Can Human Reverse Aging?</b><br><i>Dato' Dr Guna Sittampalam (10.45am - 11.30am)</i>  | <b>The Brain and Aging</b><br><i>Dr Prem Kumar</i>  |  | <b>D-Ribose as Cell Food</b><br><b>Blood Indicator for Sudden Cardiac Death</b><br><i>Mr Jagdev Singh (10.30am - 11.15am)</i> |  |  |
| 11.30am - 12.00noon  | <b>Precursor/Progenitor Stem Cell Therapy in Regenerative Medicine and Case Studies in Autism, Parkinson's, SMA, Muscular Dystrophy, CKD, Liver, Diabetes, etc.</b><br><i>Prof Dr Dmitry Klokol</i><br><i>Sponsored by NXG</i> | <b>Stem Cells for Myocardial Infarct Patients</b><br><i>Prof Dr Dmitry Klokol</i>   |  | <b>The Role of Vitamin D in Heart Disorders/Aging</b><br><i>Prof Dr Karl J Neeser (11.15am - 11.40am)</i>                     |  |  |
| 12.00noon - 12.30pm  | <b>Heart Failure in Patients in CKD</b><br><i>Dr Tharmaratnam Rasanayagam</i>  | <b>Protocols of Stem Cells in Combination with Other Modalities of Medicine for Different Diseases</b><br><i>Prof Dato' Sri Dr Michael KS Chan</i>  |  | <b>Co-Q in the Management of Heart Disease</b><br><i>Prof Dr Claus Muss (11.40am - 12.05pm)</i>                               |  |  |
| 12.30pm - 02.00pm  | LUNCH  |   |  |   | <b>Magnesium for Hypertension Patients</b><br><i>Prof Dr Claus Muss (12.05pm - 12.30pm)</i>  |  |
| 02.00pm - 02.30pm  | <b>Diet for Healthy Heart</b><br><i>Dr Surendran Thuraisingam</i>  | <b>Erectile Dysfunction and Vascular Disorder</b><br><i>Dr Tanjung Subrata</i>  |  | <b>Oncological Diagnostics as an Interface between Health Maintenance and Tumor Patients</b><br><i>Dr Daniel Lux</i>          |  |  |
| 02.30pm - 03.00pm  | <b>Lifestyle Modifications in Hypertension</b><br><i>Dr Lawrence Chan Hon Wah</i>  | <b>Immunotherapy as Complementary Therapy of Autoimmune Disease including Skin Diseases, Rheumatoid Arthritis, Multiple Sclerosis and Cancer</b><br><i>Dr Patricia Pan</i><br><i>Sponsored by NXG</i>   |  | <b>Stemcell - Benefits and Comparison Exosomes</b><br><i>Dr Sean Ng</i>   |  |  |
| 03.00pm - 03.30pm  | <b>Nano Peptides Range: Similarity and Difference</b><br><i>Dr Mikhail Teppone</i><br><i>Sponsored by Bionion</i>  | <b>Oral Health: a Window to your Overall Health - The First Step in Anti-Aging Medicine</b><br><i>Prof Dr Tilman Fritsch</i>  |  | <b>Sleep and Chronic Non-Communicable Disease</b><br><i>Prof Dr Karl J Neeser</i>   |  |  |
| 03.30pm - 04.00pm  | <b>Lifestyle Modifications in Heart Failure</b><br><i>Dato' Dr Tamil Selvan Muthusamy</i>  | <b>Melatonin and DHEA</b><br><i>Dr Sharan Kaur</i>  |  |   |  |  |
| 04.00pm - 04.30pm  | <b>Other Organ Damage causing Heart Problems</b><br><i>Dr Jeyabalan Velayutham</i>   | <b>Nutrients and Diabetes</b><br><i>Dr Sunita Kaur Ahluwalia</i>  |  |   |  |  |
| 04.30pm - 05.00pm  | Oral and Poster Presentation   |   |  |   | <b>The Centre is the Mouth for the whole Body</b><br><b>The First Step in Anti-Aging Medicine - Eating, how to do</b><br><i>Prof Dr Tilman Fritsch</i> |  |
| 05.00pm  | <b>16<sup>th</sup> Annual General Meeting of Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM) &amp; TEA</b>  | <b>Graduation Ceremony SAAARMM/St Elizabeth University &amp; SAAARMM Annual Dinner (07.30pm - 10.30pm)</b>  |  |   |  |  |

# WELCOME MESSAGE FROM SAAARMM

# SAAARMM EXECUTIVE COMMITTEE & ORGANISING COMMITTEE OF WAAARNEM 2019

Dear Friends and Colleagues

The Executive Committee of the Society for Anti-Aging, Aesthetic and Regenerative Malaysia (SAAARMM) and the Organising Committee of WAAARNEM 2019 would like to welcome you to join us at the 3<sup>rd</sup> World Congress on Anti-Aging, Aesthetic, Regenerative, Nutritional and Exercise Medicine (WAAARNEM) in conjunction with the 16<sup>th</sup> Malaysian Conference and Exhibition and 9<sup>th</sup> International Congress on Anti-Aging, Aesthetic and Regenerative Medicine, which will be held on 26<sup>th</sup> - 28<sup>th</sup> April 2019, at Sheraton Imperial Kuala Lumpur, Malaysia.

The theme for WAAARNEM 2019 is "Tomorrow's Knowledge Today".

This year, we have planned out a very interesting Scientific Programme with varied topics with three concurrent sessions spread over three days:

- **Anti-Aging and Regenerative Medicine**  
Theme: Non-Communicable Diseases the Anti-Aging Way
- **Nutrition and Exercise Medicine**  
Theme: Optimising Energy Levels
- **Aesthetic Medicine**  
Theme: Face Aesthetics - the Asian Dominance

To make the programmatic even more exciting, we have included Hands-on Workshops as well.

To further enhance the Conference, we have invited world renowned Speakers to update us on the latest research and technologies on Anti-Aging, Aesthetic, Regenerative, Nutritional and Exercise Medicine. We welcome you to join us again in our conference, which is part of an essential platform where global Anti-Aging and Aesthetic industry suppliers and experts share and showcase their ground breaking scientific knowledge, products and treatments for all medical professionals.

This Conference serves as an opportunity for those who are interested to participate in the Professional Certificate in Aesthetic Medical Practice and Professional Certificate in Nutritional Medicine examination:

- **PCAMP Oral Exam**  
27<sup>th</sup> April 2019, at 9.00am -12.00noon
- **PCNM Exam**  
27<sup>th</sup> April 2019, at 9.00am -12.00noon

The St Elizabeth - Graduation Ceremony SAAARMM / St Elizabeth University and SAAARMM Annual Dinner will be held on 27<sup>th</sup> April 2019, at 7.30pm.

20 CPD points will be awarded to participants who attend this three-day conference.

See you at WAAARNEM 2019!

**SAAARMM Executive Committee  
& Organising Committee of WAAARNEM 2019**

For enquiries, please contact:

**SAAARMM Secretariat**

142, Jalan Ipoh, 3rd Floor, UMNO Selangor Building  
51200 Kuala Lumpur, Malaysia  
Tel: 603-4041 0092 / 4041 6336  
Fax: 603-4042 6970 / 4041 4990  
Email: info@saaarmm.org  
Website: www.saaarmm.org

President

**Prof Dato' Dr Selvaraj Y Subramaniam**

DJMK, JMK, JP  
MD (USM), MSc (UK), MBA, DBA, PhD (EU)  
Fellowships: FFIMS, FFSEM (Ireland), FSEM Overseas & MFSEM (UK)  
FINEM (INMA, India), FRNS (UK), FMNM, ABAARM (USA), FSSEMM, FSAARMM  
Letter of Credentialing and Privileging, Aesthetic Medical Practices (LCP)



Founder and Past President

**Dato' Dr S Harnam**

DSMT, DPMT, DJMK, JP, JSD, MBBS (S'pore), FAMM, FICS, FACS  
DLO (RCP Lond, RCS Eng), FAAO-HNS, FRCS (Edinburgh), FRCS (England)  
FMSAI, FSAARMM, FINEM (INMA)  
Board Certified Physician (ABAARM)  
Consultant ENT / Head & Neck Surgeon



Vice President

**Dr Kamalakaran Karanakaran**

MBBS, PGDip Occ Med (UKM), MSc Public Health (St Elizabeth University, EU)  
FAGE (Manipal), FINEM (INMA), FSAARMM  
Board Certified Physician (ABAARM)  
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)  
Diploma in Nutritional Medicine (St Elizabeth University, EU)  
Diploma Family Medicine (Academy of Family Physician, Malaysia)  
Diploma In Reproductive Medicine (UPM)  
Diploma in STD and HIV (Prince Songkla University, Thailand)  
Occupational Health Doctor (NIOSH)



Secretary

**Datin Dr Kamaria Idris**

MBBS, Board Certified (AARAM, USA), FSAARMM  
Diplomate (ABAARM)  
FINEM (INMA) Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)  
Diploma in Nutritional Medicine (St Elizabeth University EU)



Assistant Secretary

**Dato' Seri Dr Leela Velusamy**

MBBS (India), MSc in Public Health (St Elizabeth University, EU)  
Masters Social Science Skilled Dermatology (UK)  
MSc in Cognitive Behavioural Therapy (UK), FICGP, FIAMS (Hons)  
AARAM (USA), FINEM (INMA)  
FSAARMM  
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)  
Diploma in Nutritional Medicine (St Elizabeth University, EU)



Treasurer

**Dato' Dr Jekinder Singh Gendeh**

DIMP  
MBBS (Kashmir), LM, DGO, DCH (Dublin, Ireland), FINEM (INMA), FSSEMM  
PG Dip Sports and Exercise Medicine (University of Bath, UK)  
Diploma in Aesthetic Medicine (USA)  
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)  
Diploma in Nutritional Medicine (St Elizabeth University, EU)



Committee Members

**Dr Sivaroshan Puvanewaran**

MBBS, MSc Public Health (St Elizabeth University, EU), FAGE (Manipal), FINEM (INMA)  
Board Certified Physician (ABAARM)  
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)  
Diploma in Nutritional Medicine (St Elizabeth University, EU)  
Certified Occupational Health Doctor (NIOSH)  
Manipal Alumni Association Malaysia - Vice President



**Dr Sharmila Ramasamy**

MBBS (MMMC, Manipal), MSc OSHM (UUM)  
MSc Public Health (St Elizabeth University, EU), FAGE (Manipal), FINEM (INMA)  
Diploma in Aesthetic Medical Practice (St. Elizabeth University, EU)  
Diploma in Nutritional Medicine (St. Elizabeth University, EU)  
Occupational Health Doctor (NIOSH)



**Dr Kuljit Singh**

AAP  
MBBS (Manipal), FAGE (Manipal), MTLs, FSAARMM  
Diploma in Aesthetic Medicine (AAARM), USA  
Letter of Credentialing and Privileging, Aesthetic Medical Practices (LCP)



**Dr Nazlin Nadzri**

MBBS (Adelaide, Australia)  
Diploma in Nutritional Medicine (St Elizabeth University, EU)  
Certificate in Aesthetic Medicine (AAAM)



**Dr Tan Hiang Liang**

MBBS (Mal), FINEM (INMA)  
Diploma in Nutritional Medicine (St. Elizabeth University, EU)  
Diploma in Aesthetic Medicine (AAAM, USA)  
Certified Threadlift (Ultra V) Practitioner (IAMA, S. Korea)



# WAAARNEM 2019

## International Faculty



Prof Dr Claus Muss  
*Switzerland*



Prof Dr Vladimir Krcmery  
*Slovakia*



Prof Dr Karl J Neeser  
*Switzerland*



Prof Dr Tilman Fritsch  
*Romania*



Prof Dr Rano Izhar Rahmat  
*Indonesia*



Dr Daniel Lux  
*Germany*



Prof Dr Dmitry Klokol  
*Ukraine/Germany*



Dr Vladimir Chernykh  
*Ukraine*



Dr Mikhail Teppone  
*Russia*



Dr A Sreekumar  
*India*



Dr Lenny Da Costa  
*India*



Dr Sunita Banerji  
*India*



Dr Tanjung Subrata  
*Indonesia*



Dr Kwon Han Jin  
*Korea*



Dr Kannan Pugazhendi  
*India*



Dr Wiwi Andralia Kartolo  
*Indonesia*



Dr Aarthi Maria Francis  
*Australia*

## Malaysian Faculty



Prof Dato' Dr Selvaraj  
Y Subramaniam



Dr Kamalakaran  
Karanakaran



Dato' Dr Tamil Selvan  
Muthusamy



Dato' Dr Guna  
Sittampalam



Prof Dato' Sri Dr  
Michael KS Chan



Prof Dr Andrew  
Charles Gomez



Dr Surendran  
Thuraisingam



Dr Somasundaram  
Sathappan



Dr Kuladeva Ratnam



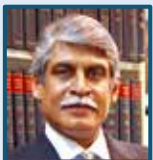
Dr Alice Goh Siew Ching



Dr Bob Klajo Anak  
Edmund John



Dr Christie Moey



Mr GK Ganesan



Mr Jagdev Singh



Dr Jasmine Ruth



Dr Jason Yip



Dr Jeff Khoo



Dr Jeyabalan Velayutham



Dr Kee Yong Seng



Dr Kumaran  
Davindran Pillay



Dr Lashela Dharmadas



Dr Lawrence  
Chan Hon Wah



Dr Lim Ing Kien



Dr Lim Ting Song



Ms Mary Easaw



Dr Nigel Ong



Dr Patricia Pan



Dr Peter Ch'ng



Dr Prem Kumar



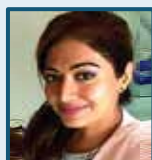
Ms Ratnawati Osman



Dr Sean Ng



Ms Shanti Murallesvaran



Dr Sharan Kaur



Dr Sunita Kaur Ahluwalia



Dr Tharmaratnam  
Rasanayagam



Dr Yap Hong Keong