

SAAARMM Congress on Nutritional Medicine and Aesthetic Medical Practice

in conjunction with

Professional Certificate in Nutritional Medicine (PCNM - Advance Course)



★ **Prof MUDr Claus Muss**

Claus Muss has completed his doctorates in Medical School Munich and Veterinary School Berlin and his PhD in Public Health Science at St Elizabeth University Bratislava (SK) where after habitation he was appointed as Associate Professor. Besides his clinical activities in Germany, Austria and Switzerland, he is head of the world wide networking International Research group of applied Preventive Medicine, co-author of 7 scientific journals and over 87 own publications.

and

Professional Certificate in Aesthetic Medical Practice (PCAMP - Basic & Advanced Understanding of Aesthetic Medical Practice)



★ **Dr Kuljit Singh**

AAP MBBS (Manipal), FAGE (Manipal), MTL
FSAARMM Diploma in Aesthetic Medicine (AAARM), USA
Letter of Credentialing & Privileging in Aesthetic Medical Practice, LCP

**15 CPD
points
awarded**

28th - 30th September, 2018
Sheraton Imperial Kuala Lumpur, Malaysia

Professional Certificate in Nutritional Medicine

(PCNM – Advance Course)

Programme

Day 1, 28th September, 2018 (Friday)

| | |
|-------------------|--|
| 01.00pm - 02.00pm | REGISTRATION |
| 02.00pm - 02.15pm | Welcome Address by President of SAAARMM <i>Prof Dato' Dr Selvaraj Y Subramaniam</i> |
| 02.15pm - 03.00pm | Preventive Cardiology and Nutrition <i>Prof Dato' Dr Selvaraj Y Subramaniam</i> |
| 03.00pm - 03.45pm | The Ultimate Truth about Vitamins and Minerals - The Basics <i>Prof Dr Karl J Neeser</i> |
| 03.45pm - 04.30pm | From Vitamin A to Zinc. Making Sense of Scientific Studies <i>Prof Dr Karl J Neeser</i> |
| 04.30pm - 05.00pm | TEA BREAK |
| 05.00pm - 05.45pm | Nutrition and Wound Healing <i>Dr Kamalakaran Karanakaran</i> |
| 05.45pm - 06.30pm | Vitamin D, Diabetes and Cardiac Mortality (Part I) <i>Prof Dr Karl J Neeser</i> |
| 06.30pm - 07.15pm | Vitamin D, Diabetes and Cardiac Mortality (Part II) <i>Prof Dr Karl J Neeser</i> |
| 07.15pm - 09.00pm | Discussion with Panel of Speakers and Dinner Symposium |

Day 2, 29th September, 2018 (Saturday)

| | |
|-------------------|--|
| 09.00am - 09.40am | Mediterranean and Okinawa Diet in Internal Medicine <i>Prof Dr Claus Muss</i> |
| 09.40am - 10.20am | Food Allergy and Lung Disorders <i>Prof Dr Claus Muss</i> |
| 10.20am - 10.50am | TEA BREAK |
| 10.50am - 11.30am | The Role of Nutrition in Allergy in Paediatrics <i>Prof Dr Claus Muss</i> |
| 11.30am - 12.10pm | Prevention Cardiology and Nutrition <i>Prof Dr Claus Muss</i> |
| 12.10pm - 12.50pm | Malnutrition in Paediatrics <i>Prof Dr Claus Muss</i> |
| 12.50pm - 01.00pm | Discussion |
| 01.00pm - 02.00pm | LUNCH |
| 02.00pm - 02.30pm | Over Nutrition and Obesity <i>Prof Dr Claus Muss</i> |
| 02.30pm - 03.00pm | Nutrition in Prevention in Paediatrics <i>Prof Dr Claus Muss</i> |
| 03.00pm - 03.30pm | Nutrition in Prevention in Pneumology and Cardiology <i>Prof Dr Claus Muss</i> |

Day 2, 29th September, 2018 (Saturday)

| | |
|-------------------|---|
| 03.30pm - 04.00pm | Malnutrition in Pediatrics in Developing Countries <i>Prof Dr Peri Haj Ali</i> |
| 04.00pm - 04.30pm | Millenium Development Goals <i>Prof Vladimir Krcmery & Prof Dr Peri Haj Ali</i> |
| 04.30pm - 05.00pm | HIV TBC and Nutrition <i>Prof Dr Vladimir Krcmery</i> |
| 05.00pm - 06.00pm | TEA / DISCUSSION / TESTS |

Day 3, 30th September, 2018 (Sunday)

| | |
|-------------------|---|
| 09.00am - 09.45am | Supplementation in Different Chronic Disease and Practical Clinical Approach (Part I) <i>Prof Dr Claus Muss</i> |
| 09.45am - 10.30am | Supplementation in Different Chronic Disease and Practical Clinical Approach (Part II) <i>Prof Dr Claus Muss</i> |
| 10.30am - 11.00am | TEA BREAK |
| 11.00am - 12.30pm | Supplementation in Different Chronic Disease and Practical Clinical Approach (Part III) <i>Prof Dr Claus Muss</i> |
| 12.30pm - 01.15pm | The Role of Glutathione in the Regulation of Subcellular Signaling <i>Prof Dr Claus Muss</i> |
| 01.15pm - 02.15pm | LUNCH |
| 02.15pm - 03.00pm | Chelation in Nutritional Medicine A Detox Treatment Update <i>Prof Dr Claus Muss</i> |
| 03.00pm - 03.45pm | Nutrition and Exercise <i>Dr Sharmila Ramasamy</i> |
| 03.45pm - 04.30pm | Oral Chromium in Diabetes Mellitus <i>Dr P Sivaroshan</i> |
| 04.30pm - 05.00pm | TEA |

Professional Certificate in Nutritional Medicine consists of two parts:
Introductory Course in Nutritional Medicine:
26th April, 2019 (held on during WAAARNEM 2019)

Advance Course in Nutritional Medicine:
28th - 30th September, 2018

Written Examination on 27th April, 2019. On completion of the two courses, there will be a written examination. Successful candidates will receive a Professional Certificate in Nutritional Medicine awarded by SAAARMM. This will provide an optional pathway to a Diploma in Nutritional Medicine and MSc in Public Healthcare Management from St Elizabeth University, Slovakia.

Professional Certificate in Aesthetic Medical Practice

(PCAMP - Basic & Advanced Understanding of Aesthetic Medical Practice)

Programme

Day 1, 28th September, 2018 (Friday)

| | |
|-------------------|---|
| 01.00pm - 02.00pm | REGISTRATION |
| 02.00pm - 02.15pm | Welcome Address by President of SAAARMM <i>Prof Dato' Dr Selvaraj Y Subramaniam</i> |
| 02.15pm - 02.45pm | National Guidelines on Aesthetic Medical Practice for General Practitioners <i>Prof Dato' Dr Selvaraj Y Subramaniam</i> |
| 02.45pm - 03.15pm | Overview of Aging Processes <i>Dr K Kamalakaran</i> |
| 03.15pm - 04.30pm | Introduction of Aesthetic Medicine <i>Dr Kuljit Singh</i> |
| 04.30pm - 05.00pm | TEA BREAK |
| 05.00pm - 07.15pm | Anatomy of the Face (Part I) Bones, Muscles, Blood Vessels and Nerves <i>Dr Kuljit Singh</i> |
| 07.15pm - 09.00pm | Discussion with Panel of Speakers and Dinner Symposium |

Day 2, 29th September, 2018 (Saturday)

| | |
|-------------------|---|
| 09.00am - 10.30am | Anatomy of the Face (Part II) Skin Structure Physiology and Physiological Changes relating to these Structures <i>Dr Kuljit Singh</i> |
| 10.30am - 11.00am | TEA BREAK |
| 11.00am - 01.00pm | Relevant Anaesthesia in Anaesthetics of the Face 1. Nerve Block 2. Topical Anaesthesia <i>Dr Kuljit Singh</i> |
| 01.00pm - 02.00pm | LUNCH |
| 02.00pm - 03.00pm | Understanding Neurotoxin and Dermal Fillers <i>Dr Kuljit Singh & Dr Tan Hiang Liang</i> |
| 03.00pm - 04.30pm | Understanding Light Devices, LASERS Chemical Peels and No Ablative Devices (Microderm Abrasion) <i>Dr Kuljit Singh</i> |
| 04.30pm - 05.00pm | TEA |

Day 3, 30th September, 2018 (Sunday)

| | |
|-------------------|--|
| 09.00am - 09.30am | The Skin, Nail, Hair and Changes in Physical Appearance <i>Dr P Sivaroshan</i> |
| 09.30am - 10.00am | Fundamentals of Aging Skin and Wellness <i>Dr Sharmila Ramasamy</i> |
| 10.00am - 10.30am | Understanding the Integumentary System <i>Dr Sharmila Ramasamy</i> |
| 10.30am - 11.00am | TEA BREAK |
| 11.00am - 01.00pm | Anaesthetic and Analgesics in Aesthetic Procedure Patient Selection Criteria and Autonomy Infections and Control <i>Prof Dr Andrew Charles Gomez</i> |
| 01.00pm - 02.00pm | LUNCH |
| 02.00pm - 02.30pm | Wound Healing, Scarring, Infection Control and Complication Management <i>Dr P Sivaroshan</i> |
| 02.30pm - 03.00pm | Setting Up an Aesthetic Practice <i>Dr Sharmila Ramasamy</i> |
| 03.00pm - 03.30pm | Organization and Management of an Aesthetic Practice <i>Dr Sharmila Ramasamy</i> |
| 03.30pm - 04.00pm | Obesity, and Weight Management <i>Dr P Sivaroshan</i> |
| 04.00pm - 04.30pm | Discussion |
| 04.30pm - 05.00pm | TEA |

The PCAMP is an intensive, part-time, programme compassing the science of aesthetic, the application of evidence based practice and the clinical assessment and management of patient presenting with aesthetic problems.

Candidates will be encouraged to develop a translational approach to learning and practice throughout the course.

Basic & Advanced Understanding of Aesthetic Medical Practice on 28th - 30th September, 2018

For Clinical Workshop & Live Demo - Please contact SAAARMM Secretariat

In addition to the completion of Basic & Advanced Understanding of Aesthetic Medical Practice and Clinical Workshop & Live Demo, the students are required to submit log books, sit for a written examination and oral examination to obtain the Professional Certificate in Aesthetic Medical Practice (PCAMP).

**Professional Certificate
 in Aesthetic Medical Practice (PCAMP)**
Basic & Advanced Understanding of Aesthetic Medical Practice

PCAMP

**Professional Certificate
 in Nutritional Medicine (PCNM)**
Advance Course

PCNM

REGISTRATION FORM

Title: _____

Full Name: _____

Mailing Address: _____

Postcode: _____ Country: _____

Company/Organization/Institute: _____

Tel: [] _____ Mobile: [] _____ Fax: [] _____

Email: _____ Speciality: _____

REGISTRATION FEE for PCAMP & PCNM

| | Before 31/8/2018 | After 31/8/2018 | Amount (RM) |
|--|---------------------------|-----------------|-------------|
| SAAARMM Members | RM1,500.00 | RM1,800.00 | |
| International | RM2,000.00 | RM2,400.00 | |
| Refreshers - Delegates Attending Again | RM1,000.00 | | |
| PCAMP Exam | | | |
| Saturday, 27 th April, 2019 | RM1,000.00 | | |
| PCNM Exam | | | |
| Saturday, 27 th April, 2019 | RM1,000.00 | | |
| SAAARMM Membership Renewal (Annual Subscription) | RM50.00 (+arrears if any) | | |
| SAAARMM New Membership | | | |
| Life (One time payment) | RM500.00 | | |
| Ordinary (Entrance Fee + Annual Sub) | RM150.00 | | |
| TOTAL | | | |

Mode of Payment: CASH / CHEQUE / BANK DRAFT / TELEGRAPHIC TRANSFER / CREDIT CARD

Enclosed is the Cheque No. _____ for RM _____ in favour of
Society for Anti-Aging Medicine (Please refer below for mailing address)

Credited Alliance Bank Malaysia Bhd A/C No. 1402800100 46084 for the sum of _____
 CASH / CHEQUE (Please fax proof of payment)

Sent payment via Telegraphic Transfer for RM _____
 Account No. 1402800100 46084 Swift Code MFBBMYKL Alliance Bank Malaysia Berhad
 41 & 43 Jalan Ipoh, 51200 Kuala Lumpur, Malaysia

Authorize Society for Anti-Aging Medicine to debit the following _____
 credit card for the amount of RM _____ as payment for: _____

Visa

MasterCard

Security Code (3 digits) _____

| | | | |
|----------------------------------|--|----------------------|--|
| Name of Card-Holder : | | | |
| Credit Card No. : | | Expiry Date : | |
| Card-Holder's Signature : | | Date : | |

SAAARMM Secretariat
 142, Jalan Ipoh, 3rd Floor, UMNO Selangor Building
 51200 Kuala Lumpur, Malaysia.
 Tel: 603-40410092, 603-40416336
 Fax: 603-40426970, 603-40414990
 E-mail: info@saaarmm.org
 Website: www.saaarmm.org

FOR SECRETARIAT USE ONLY

| | |
|------------------|--|
| Date Received | |
| Total RM | |
| Receipt No. | |
| Registration No. | |

Course Coordinators, Lecturers and Trainers



Assoc Prof Dr Claus Muss PhD

St Elizabeth University of Science and Public Health
Bratislava, Slovakia
International Scientific Group of Applied Preventive Medicine (IGAP)
Vienna, Austria

Claus Muss has completed his doctorates in Medical School Munich and Veterinary School Berlin and his PhD in Public Health Science at St Elizabeth University Bratislava (SK) where after habilitation he was appointed as Associate Professor. Besides his clinical activities in Germany, Austria and Switzerland, he is head of the world wide networking International Research group of applied Preventive Medicine, co-author of 7 scientific journals and over 87 own publications.



Prof MUDr Vladimir Krcmery

DrSc, FRSP, FACP, Drhc

Graduated medical school at Comenius Univ, continued his postdoc fellowship at prof Adams lab in LMU Munich, Cornell at Prof Armstrong and Harvard at Prof Moellering. He became associate professor in medicine and later specialized in Oncology, Pharmacology and at 1993 in Vienna at Prof Granninger in Trop Infect Dis. Became a dean in Trnava 1994, emeritus rector at St Elizabeth Univ in 2004 in Bratislava. Invited lectures in Boston, Miami, Denver, London, Geneva, Brussels, Yokohama, Kuala Lumpur, Singapore. Emeritus, Hon Treasurer of the Int soc chemotherapy, SAAARMM Award of Excellence Kuala Lumpur 2015, Hon Member of Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM), 2014, Hon Member of Slovak Society of Medicine, Hon Member of European soc of chemotherapy Munich 2000, Council Member of Int soc infect Dis Boston, Executive Committee member, ISC London, UK, Editor in chief Acta Chemoth, Associate Editor NEL Stockholm, Chemoth Basel, Honorary degrees in letters/hon Dr) Budweis 1999, Varna 2000, Scranton PA 2006, Warsaw 2014, Cambridge 2015.



Prof Dr Karl J Neeser

Karl J Neeser, PhD, born 1947, is one of Switzerland's leading Anti-Aging Research Scientists and author of several anti-aging books. He is a worldwide appreciated Health Consultant, Key Speaker, Board Member and Senior Lecturer at the American Academy of Anti-Aging Medicine A4M, and lives in Switzerland and Bangkok/Thailand where he is currently a Professor at Chulalongkorn University College of Public Health Science. One of his special fields is "The Exercise-Health Connection". Furthermore, he works with scientists from Canada in the field of Molecular Resonance Effect Technology and its Influence on Human Physiology.



Prof Dr Peri Haj Ali

Graduated medical school at Comenius University Bratislava
PhD in Public Health Science at St Elizabeth University Bratislava

Worked as a medical doctor in Iraq, Greece, Cambodia, Slovenian, Hungarian and Austrian Borders for development and humanitarian projects of St Elizabeth University Bratislava.



Prof Dato' Dr Selvaraj Y Subramaniam

DJMK, JMK

MD (USM), MSc (UK), MBA, DBA, PhD (EU)

Fellowships; FFIMS, FFSEM (Ireland), MFSEM Overseas & MFSEM (UK)

FINEM (INMA, India), FRNS (UK), FMNM, ABAARM (USA), FSSEMM, FSAARMM

Letter of Credentialing and Privileging, Aesthetic Medical Practices (LCP)

President, Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM)



Dr Kamalakaran Karanakaran

MBBS, PGDip Occ Med (UKM), MSc Public Health (St Elizabeth University, EU)

FAGE (Manipal), FINEM (INMA), FSAARMM

Board Certified Physician (ABAARM)

Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)

Diploma in Nutritional Medicine (St Elizabeth University, EU)

Diploma Family Medicine (Academy of Family Physician, Malaysia)

Diploma In Reproductive Medicine (UPM)

Diploma in STD and HIV (Prince Songkla University, Thailand)

Occupational Health Doctor (NIOSH)



Dr Kuljit Singh AAP

MBBS (Manipal), FAGE (Manipal), MTLs, FSAARMM
Diploma in Aesthetic Medicine (AAARM), USA
Letter of Credentialing and Privileging, Aesthetic Medical Practices (LCP)



Dr P Sivaroshan

MBBS, MSc Public Health (St Elizabeth University, EU), FAGE (Manipal), FSAARMM, FINEM (INMA)
Board Certified Physician (ABAAARM)
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)
Diploma in Nutritional Medicine (St Elizabeth University, EU)
Certified Occupational Health Doctor (NIOSH)
Manipal Alumni Association Malaysia - Vice President



Dr Sharmila Ramasamy

MBBS (MMMM, Manipal), MSc OSHM (UUM)
MSc Public Health (St Elizabeth University, EU), FAGE (Manipal), FINEM (INMA)
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)
Diploma in Nutritional Medicine (St Elizabeth University, EU)
Occupational Health Doctor (NIOSH)



Dr Tan Hiang Liang

MBBS (IMU, Mal), FINEM (INMA, India)
Diploma in Nutritional Medicine (St Elizabeth University, EU)
Diploma in Aesthetic Medicine (AAAM, USA)
Certificate in Thread lift (Ultra V), Practitioner (IAMA, South Korea)



Prof Dr Andrew Charles Gomez

MBBS (Nagpur), FRCS (Edin), FRCS (Glas)
MSc Public Health (St Elizabeth University, EU)
Diploma in Aesthetic Medical Practice (St Elizabeth University, EU)
Diploma in Nutritional Medicine (St Elizabeth University, EU) Consultant ENT Surgeon

SAAARMM Secretariat

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